

FEBRUARY

ACTIVITIES SCHEDULE

The Naka Island offers you a variety of complimentary activities during your stay with us.

DAY	TIME	CHILDREN & FAMILIES	ADULTS	VENUE (S)
MONDAY	08:30 - 09:15		Early Bird Jogging	Pool Hut
	13:00 - 16:00	Batik Handkerchief Painting	Batik Handkerchief Painting	Pool Hut
	14:00 - 15:30		Fruit Carving	Tonsai
	15:00 - 16:00		Muay Thai	Multi Purpose Sala
	15:30 - 16:15	Mask Painting	Mask Painting	Kid's Game Room
TUESDAY	08:30 - 09:30		Yoga Class	Multi Purpose Sala
	10:00 - 10:30	Fish Feeding	Fish Feeding	The Pier
	13:00 - 16:00	Gel Candle Making	Gel Candle Making	Pool Hut
	14:00 - 15:30		Leaf Folding	Pool Hut
	15:00 - 16:00		Body Combat	Multi Purpose Sala
WEDNESDAY	07:30 - 08:15		Tai Chi	Beach Lawn
	12:30 - 13:00		Curry Class	Tonsai
	13:00 - 15:30	Batik T-shirt Painting	Batik T-shirt Painting	Pool Hut
	14:00 - 15:00		Watsu Demonstration	Spa Naka
	15:00 - 16:00	Face Painting	Face Painting	Kid's Game Room
THURSDAY	08:30 - 09:15		Aerobic Dance	Multi Purpose Sala
	13:00 - 14:30	Fan & Umbrella Painting	Fan & Umbrella Painting	Pool Hut
	15:00 - 15:30		Mixology Class	Z Bar
	16:00 - 16:45		Petanque Competition	Pool Hut
FRIDAY	08:30 - 09:30		Yoga Class	Multi Purpose Sala
	12:30 - 13:00	Curry Class	Curry Class	Tonsai
	13:00 - 14:00	Kite Making	Kite Making	Pool Hut
	14:00 - 15:30		Thai Massage Lesson	Beach Sala
	15:00 - 15:45		Mountain Bike Tour	Pool Hut
SATURDAY	08:30 - 09:15		Pilates on the Mat	Multi Purpose Sala
	10:00 - 10:45	Windmill Making	Windmill Making	Kid's Game Room
	13:00 - 15:30	Painting Work Shop	Painting Work Shop	Pool Hut
	15:00 - 15:45		Muay Thai	Multi Purpose Sala
SUNDAY	16:00 - 16:30	Balloon Art	Balloon Art	Kid's Game Room
	08:30 - 09:30		Body Combat	Multi Purpose Sala
	13:00 - 15:00	Movie Time for Kids		Kid's Game Room
	13:00 - 16:00	Gel Candle Making	Gel Candle Making	Pool Hut
	14:00 - 15:30		Thai Herbal Ball Making	Pool Hut

PRIVATE ACTIVITIES & FEES

- ❖ Thai Boxing Class – THB 1,500 nett per person per hour
- ❖ Yoga Class – THB 1,500 nett per person per hour
- ❖ Fit Ball Work Out – THB 1,500 nett per person per hour
- ❖ Advance Yoga Class – THB 2,500 nett per person per hour

PRIVATE LESSONS FOR WATER SPORT ACTIVITIES AND FEES

- ❖ Windsurfing – THB 1,000 nett per person per hour
- ❖ Sailing – THB 1,000 nett per person per hour

REMARKS

- ❖ Reservations in advance are required due to limited number of space available and are based on a first come first serve basis.
- ❖ Please arrive at the designated venue 10 minutes in advance.
- ❖ Some charges are applied for any activities using equipment
- ❖ Activities may be cancelled without notice due to the insufficient participants or poor weather conditions.
- ❖ For Private Advance Yoga, booking cancellation made less than three (3) hours prior to the class will incur a 50% charge.

Jet Skis or other tours offered on the beach are neither operated nor endorsed by the Resort. Please exercise caution if you decide to use these private third-party facilities.



THE NAKA ISLAND NEWSLETTER

FEBRUARY 2016

HOTELS THAT DEFINE THE DESTINATION™



CHINESE NEW YEAR MONDAY, 8TH FEBRUARY 2016

Celebrate year of monkey with your family and friends toasting to good fortune with a Chinese New Year Gala Dinner at Beach Lawn. Enjoy the festivities including Lion Dancing and stunning Fire Show.

THB 2,222++ per person (Food only)

THB 3,888++ per person (Food & Beverages)

Include red, white & rose wine, sparkling wine, local beer and soft drinks.



ROMANTIC PRIVATE DINNER

Spoil yourselves with a romantic dinner at our Beach Sala, indulging in a 4 course sharing menu. Experience this setting accompanied by the sound of the ocean and feast for the senses

THB 8,000++ per couple including a bottle of sparkling wine



ENDLESS ASIAN INSPIRED TAPAS AT Z BAR

Savor all-you-can-eat Endless Asian Inspired Tapas; from Oriental Tuna Tartare, Beef Capaccio Rolls, to Sundried Tomato Bruschetta, while enjoying the captivating sunset with the Luxury Collection's signature drink - the Last Cocktail.

THB 950++ per person
06:00PM - 09:00PM



BUBBLY AFTERNOON

Have a sparkling afternoon with a bottle of Chandon Sparkling Wine by

The Main Pool
or in your villa

THB 1,400++ per bottle
Available before 06:00PM



AFTERNOON TREAT

Experience our complimentary homemade ice cream whilst you relax around our pool area. Made from local inspired ingredients such as Coconut, Banana & Mango, this will surely become your daily ritual during your stay with us.

Pool Hut
02:00PM - 05:00PM



VALENTINE'S DAY SUNDAY, 14TH FEBRUARY 2016

Spend an intimate Valentine's Night, whilst feasting on an exotic set menu at My Grill restaurant, with a romantic 5 course candle light dinner with special offering a "Valentine Cocktail" or indulge with Thai Buffet at Tonsai restaurant.

Reservations in advance are required

My Grill : **THB 2,500++ per person (5 course)**

Include a glass of Valentine Cocktail

Tonsai : **THB 1,400++ per person (Thai Buffet)**

Include a glass of Herbal Pump Cocktail

Price is subject to a 10% service charge and 7% government tax. Reservations in advance are required



50% DISCOUNTS ON 2nd SPA TREATMENT

From 09:00AM - 02:00PM

PRIVILEGE PACKAGE

Welcome to our tropical island sanctuary
Let us indulge senses to rejuvenate your body, mind and spirit.

Enrich your spa experience with 50% discounts of your second treatment chosen from an array of our indigenous tropical inspired treatments.

Offer cannot be used in conjunction with any other promotions
*Terms and conditions apply

BODY – Physical and well being activities

- ❖ **Muay Thai** : Thailand's National Sport, Muay Thai is a unique combat sport that uses stand-up striking along with various clinching techniques.
- ❖ **Kayaking** : Explore our picturesque destination from the ocean by kayaking around the island. This will take approximately 2 hours and may be in a single or double kayak. Upon completion of your journey, a certificate to reward your feat will be provided to you.
- ❖ **Resort Biking** : To energize the body and mind by discovering scenic places all around the resort and nearby areas on the island. The bicycle shop is located at The Pool Hut area complimentary daily from 8:00 AM to 6:00 PM.

SOUL – Connect with your spiritual side, relax your body and release tension

- ❖ **Yoga** : Invigorate your mind with a series of slow and steady postures in sync with breathing exercises that stretch the muscles and assist to stimulate blood circulation, releasing energy blocks from various parts of the body.
- ❖ **Watsu** : This unique treatment is performed in our Watsu Pool by our trained therapist, with rhythmical flowing movements, the treatment releases muscular and joint restrictions along with a deep relaxation which encourages you to destress and tension. Join us for a Watsu demonstration to learn more of this treatment. Please note, swimming attire are required to be worn for this treatment.
- ❖ **Thai Massage Lesson** : Discover the secret of Thai Massage. Learn how to boost circulation and the ancient form of Thai bodywork to create the invigorating feel, harmonizing the mind , body and soul.

MIND – Culture based and low physical activities

- ❖ **Herbal Ball Making** : "Herbal Ball" is the mixture of Thai herbs tied up in a clothed ball. To release the muscles tension, a steamed herbal ball is used to lightly pound or rub the area. Discover the Naka Herbal Ball recipe, and enjoy making your own herbal ball.
- ❖ **Leaf Folding** : In the old day, leaves folding or multi purposes weaving were the way of life to utilize the eco-friendly resources to either fulfilling the entertainment values or creating cultural tools such as toys, Krathong (lotus shape basket), and many more. Discover your inner craft skills with us.

We also offer an array of offsite activities including Long tail boat excursions, day tours to Phi Phi or James Bond Island and more.
For more information, please contact Hotelbeds Tour Desk or dial "6623" from your villa, during 08:00AM - 12:00PM and 01:00PM - 5:30PM.



DISCOVER AUTHENTIC EXCEPTIONAL EXPERIENCE

The best way to optimize your experience to the fullest is by allowing our concierge team to guide you through the enrich culture and indigenous history of the locals on the island. Our Destination Discovery Activities tailored specifically by various departments for our concierge team to curate you through the island life at the Naka Island.

FREE SHUTTLE BOAT SCHEDULE

This complimentary shuttle speed boat service will take you to explore
Phuket Island, our big sister.

FROM RESORT PIER TO AO POR GRAND MARINA

07:00AM | 11:00AM

FROM AO POR GRAND MARINA TO RESORT PIER

05:00PM | 10:00PM

BUY 1 GET 1 FREE ON ALL DRINKS



Enjoying your spectacular sunset over the sea while sip on exotic cocktails like our signature Naka CocoRum with fresh banana and coconut juice

EVERYDAY
07:00PM - 08:00PM
ONLY AT Z BAR

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