

AUGUST

ACTIVITIES SCHEDULE

The Naka Island offers you a variety of activities during your stay with us.

DAY	TIME	CHILDREN & FAMILIES	ADULTS	VENUE (S)
MONDAY	08:30 - 09:00		Body Combat	Multi Purpose Sala
	13:00 - 15:00	Batik Painting*	Batik Painting*	Pool Hut
	14:00 - 15:00	Fruit Carving	Fruit Carving	Tonsai
	15:00 - 15:45		Muay Thai	Multi Purpose Sala
TUESDAY	08:30 - 09:15		Early Bird Jog	Pool Hut
	10:00 - 10:30	Mask Painting	Mask Painting	Pool Hut
	13:00 - 16:00	Gel Candle Making*	Gel Candle Making*	Pool Hut
	14:00 - 15:00	Leaf Folding	Leaf Folding	Pool Hut
	15:00 - 15:45		Circuit Training	Multi Purpose Sala
WEDNESDAY	08:30 - 09:15		Abdominal Class	Multi Purpose Sala
	12:30 - 13:00		Curry Class	Tonsai
	13:00 - 15:30	Batik Painting*	Batik Painting*	Pool Hut
	14:00 - 15:00		Watsu Demonstration	Spa Naka
THURSDAY	15:00 - 15:45	Explore Naka Pearl Farm	Explore Naka Pearl Farm	Concierge
	08:30 - 09:15		Aerobic Dance	Multi Purpose Sala
	13:00 - 14:30	Fan & Umbrella Painting*	Fan & Umbrella Painting*	Pool Hut
	15:00 - 15:30		Mixology Class	Z Bar
FRIDAY	16:00 - 16:45		Petanche Competition	Pool Hut
	08:30 - 09:15		Yoga Class	Multi Purpose Sala
	12:30 - 13:00	Curry Class	Curry Class	Tonsai
	13:00 - 14:00	Gel Candle Making*	Gel Candle Making*	Pool Hut
SATURDAY	14:00 - 15:30		Thai Massage Lesson	Beach Sala
	15:00 - 15:45		Mountain Bike Tour	Pool Hut
	08:30 - 09:15		Pilates on the Mat	Multi Purpose Sala
	13:00 - 15:30	Painting Workshop*	Painting Workshop*	Pool Hut
SUNDAY	15:00 - 15:45		Pool Table Games	Pool Hut
	16:00 - 16:30	Balloon Art	Balloon Art	Pool Hut
	08:30 - 09:30		Tai Chi Class	Beach Lawn
	10:00 - 10:30	Learning Thai	Learning Thai	Pool Hut
SUNDAY	13:00 - 15:30	Gel Candle Making*	Gel Candle Making*	Pool Hut
	14:00 - 15:30	Thai Herbal Ball Making	Thai Herbal Ball Making	Spa Naka

PRIVATE ACTIVITIES & FEES

- ❖ Thai Boxing Class – THB 1,500 nett per class maximum for 2 person
- ❖ Yoga Class – THB 1,500 nett per class maximum for 2 person
- ❖ Circuit Training – THB 1,500 nett per class maximum for 2 person
- ❖ Yoga Board – THB 1,500 nett per class maximum for 2 person

PRIVATE LESSONS FOR WATER SPORT ACTIVITIES AND FEES

- ❖ Windsurfing – THB 1,000 nett per person per hour

REMARKS

- ❖ Reservations in advance are required due to limited number of space available and are based on a first come first serve basis.
- ❖ Please arrive at the designated venue 10 minutes in advance.
- ❖ Activities may be cancelled without notice due to the insufficient participants or poor weather conditions.
- ❖ *Some charges are applied for any activities using equipment

Jet Skis or other tours offered on the beach are neither operated nor endorsed by the Resort. Please exercise caution if you decide to use these private third-party facilities.



THE NAKA ISLAND NEWSLETTER

AUGUST 2016

HOTELS THAT DEFINE THE DESTINATION™

Sawaddee Naka Island!

"Sawaddee" is the Thai way of greeting. We are delighted to have you here with us and trust that your stay is enjoyable and memorable.

On this Tropical hideaway, there are a lot of activities to enhance your stay. We are able to offer you activities, such as playing pool with your friends, or joining mixology class to learn the secret recipe of our signature cocktail Naka Coco Rum, or enjoying indigenous palm leaf folding session. For those with a sense of adventure, riding a bicycle or kayaking around the island are exciting ways to explore the area.

More details can be found in this newsletter.

Should you require any assistance, please let us know by dialing "0" from your in-villa phone, or contact our Concierge team.

Have an exceptional stay!
The Naka Island Team

luxurycollection.com/naka [facebook.com/thenakaisland](https://www.facebook.com/thenakaisland) [nakaislandphuket](https://www.instagram.com/nakaislandphuket)



PRIVATE WINE DINNER

Experience an exclusive evening of fine wine tasting, followed by an exquisite 5 course dinner paired with a premium selection of wines.

THB 4,567 ++ per person



AFTERNOON TEA FROM 03:00PM - 05:00PM

Relax and indulge during the afternoon in Tonsai or your private villa and enjoy that most refined of British traditions - High Tea. Freshly-cut sandwiches and rolls mouth-watering pastries, home-made scones with Chantilly cream & jam, plus your choice from a superb selection of teas.

THB 750++ for two
Select from our range of teas



BUY 1 GET 1 FREE ON ALL DRINKS

Enjoying your spectacular sunset over the sea while sip on exotic cocktails like our signature Naka CocoRum with fresh banana and coconut juice

EVERYDAY AT Z BAR
08:00PM - 09:00PM



ROMANTIC PRIVATE DINNER

Indulge in a 4 course set dinner at our unrivalled beach sala. Surrounded by the sea breeze and the sound of lapping waves, the perfect back drop to share with your significant other.

THB 8,000++ per couple
Includes complimentary bottle of sparkling wine



AFTERNOON TREAT

Experience our complimentary homemade ice cream whilst you relax around our pool area. Made from local inspired ingredients such as Coconut, Banana & Mango, this will surely become your daily ritual during your stay with us.

Pool Hut
02:00PM - 05:00PM



MOTHER'S DAY AT TONSAI RESTAURANT

Join our delectable Mother's Day buffet dinner at Tonsai restaurant that features irresistible authentic Thai flavors of traditional Thai curry, Thai style BBQ beef and chicken while being entertained by our classical Thai dance and music.

THB 1,695++ per person

Includes a glass of special Mother's Day cocktail.

Price is subject to a 10% service charge and 7% government tax. Reservations in advance are required



50% OFF ON 2nd SPA TREATMENT

FROM 09:00AM-12:00AM AND 06:00PM-09:00PM

Make your spa experience twice fulfilling with 50% off our indigenous tropical inspired treatments.

BOOK 5 HOURS, PAY FOR 3 HOURS

Let us indulge senses to rejuvenate your body mind and spirit with exclusive privilege package at Spa Naka.

THB 9,500 nett per person
(Normal price THB 12,000++)

Offer cannot be used in conjunction with any other promotions
*Terms and conditions apply

BODY – Physical and well being activities

- ❖ **Muay Thai** : Thailand's National Sport, Muay Thai is a unique combat sport that uses stand-up striking along with various clinching techniques.
- ❖ **Kayaking** : Explore our picturesque destination from the ocean by kayaking around the island. This will take approximately 2 hours and may be in a single or double kayak. Upon completion of your journey, a certificate to reward your feat will be provided to you.
- ❖ **Resort Biking** : To energize the body and mind by discovering scenic places all around the resort and nearby areas on the island. The bicycle shop is located at The Pool Hut area complimentary daily from 8:00 AM to 6:00 PM.

SOUL – Connect with your spiritual side, relax your body and release tension

- ❖ **Yoga** : Invigorate your mind with a series of slow and steady postures in sync with breathing exercises that stretch the muscles and assist to stimulate blood circulation, releasing energy blocks from various parts of the body.
- ❖ **Watsu** : This unique treatment is performed in our Watsu Pool by our trained therapist, with rhythmical flowing movements, the treatment releases muscular and joint restrictions along with a deep relaxation which encourages you to destress and tension. Join us for a Watsu demonstration to learn more of this treatment. Please note, swimming attire are required to be worn for this treatment.
- ❖ **Thai Massage Lesson** : Discover the secret of Thai Massage. Learn how to boost circulation and the ancient form of Thai bodywork to create the invigorating feel, harmonizing the mind , body and soul.

MIND – Culture based and low physical activities

- ❖ **Herbal Ball Making** : "Herbal Ball" is the mixture of Thai herbs tied up in a clothed ball. To release the muscles tension, a steamed herbal ball is used to lightly pound or rub the area. Discover the Naka Herbal Ball recipe, and enjoy making your own herbal ball.
- ❖ **Leaf Folding** : In the old day, leaves folding or multi purposes weaving were the way of life to utilize the eco-friendly resources to either fulfilling the entertainment values or creating cultural tools such as toys, Krathong (lotus shape basket), and many more. Discover your inner craft skills with us.

We also offer an array of offsite activities including Long tail boat excursions, day tours to Phi Phi or James Bond Island and more.
For more information, please contact Hotelbeds Tour Desk or dial "6623" from your villa, during 08:00AM - 12:00PM and 01:00PM - 5:30PM.



DISCOVER AUTHENTIC EXCEPTIONAL EXPERIENCE

The best way to optimize your experience to the fullest is by allowing our concierge team to guide you through the enrich culture and indigenous history of the locals on the island. Our Destination Discovery Activities tailored specifically by various departments for our concierge team to curate you through the island life at the Naka Island.

FREE SHUTTLE BOAT SCHEDULE

This complimentary shuttle speed boat service will take you to explore Phuket Island, our big sister.

FROM RESORT PIER TO AO POR GRAND MARINA

07:00AM | 11:00AM

FROM AO POR GRAND MARINA TO RESORT PIER

05:00PM | 10:00PM

THE NAKA ISLAND WELLNESS PACKAGE

Invigorate your body & mind with a selection of The 3 Naka Island Wellness Packages;

- ◆ Thai Boxing class 60 mins + Massage 60 mins
- ◆ Asana Yoga 60 mins + Massage 60 mins.
- ◆ Yoga Board 60 mins + Massage 60 mins.

The treatment can be chosen from an array of our Spa Naka Menu

Single: THB 2,500 nett per package
Couple: THB 4,500 nett per package

